Health History Questionnaire:



Name		r	Date of birth	Not just a clinic, bu	t your medical nome		
			Date of biltii				
Address							
Local phone number			Alternative phone nur				
Preferred Pharmacy Please describe what problem or conce			Pharmacy phone num	ber			
·	· ,	ice today.					
□ Primarily to establish care□ Other (please briefly desc							
Utilei (please briefly desc							
	Special Communi	cation Nee	eds:				
Language preference:							
	s' to any of the questions						
			e impairment				
-	Yes No		r impairment □ Yes □ No				
Speech impairment	Yes □ No	Other:					
Personal Healt	th History		Previous S	urgical Procedu	res		
Please check past or current	<u> </u>		Please check if you have had any of the following				
Condition	Condition		Procedure Procedure		Year		
☐ Hypertension	□ Seizures		☐ Heart surgery				
☐ High cholesterol	☐ Headaches		☐ Carotid artery surgery				
☐ Diabetes	□ Stroke		☐ Vascular surgery				
☐ Heart attack or angina	☐ Prostate problem		☐ Abdominal aneurysm repair				
☐ Irregular heart rhythm	☐ Breast problem		☐ Hysterectomy				
☐ Congestive heart failure	☐ Urinary tract infection	ns	☐ Gallbladder removed				
☐ Asthma	☐ Osteoarthritis		☐ Appendix removed				
☐ Emphysema or chronic bronchitis	☐ Cancer (Please list ty	rpe)	□ Tonsillectomy				
☐ Pneumonia	☐ Thyroid problem		☐ Joint replacement				
☐ Gastroesophageal reflux disease	☐ Bleeding disorder		☐ Breast cancer surgery				
☐ Stomach ulcer	☐ Addiction Issues		☐ Prostate cancer surgery				
☐ Kidney problems	☐ Depression or anxiet	ЗУ	☐ Hernia				
☐ Liver disease/hepatitis	☐ Mental Illness		☐ Pacemaker				
☐ Colon cancer	☐ Other (please describe)		☐ Other (please de	ı			
☐ Bowel/digestive problem							
	Social His	torv					
Social History: Please circle appropriate answers below and provide explanations where appropriate							
Marital status: Single Married Divorced Widowed Life Partner							
Education level: Did not Graduate High School Some College Bachelor's Degree Master's Degree or Higher							
Occupation:							
Occupational concerns:							
How stressful would you rate your current living situation: (Circle number)							
No stress 0 1 2 3 4 5 6 7 8 9 10 Very Stressful							
Are there financial concerns that affect your ability to seek healthcare? \qed No \qed Yes \qed If yes, describe below							
Are there any religious or cultural factors that you would like us to take into account when planning your healthcare?							

			Current H	lealth Concerns			
Please check problems or conditions that you are CURRENTLY experiencing							
☐ Chest pain		☐ Rectal bleeding		☐ Eye pain	□ Nervousness		
☐ Shortness of	breath	☐ Black/tarry stools		☐ Loss of vision	☐ Pain in testicles		
□ Wheezing		☐ Weight loss		☐ Double vision	☐ Loss of libi	do	
☐ Cough		☐ Weight gain		☐ Memory loss	☐ Impotence		
☐ Coughing up	blood	☐ Loss	of appetite	☐ Ringing in ears	☐ Breast pair	1	
☐ Sore throat		☐ Diffi	culty swallowing	☐ Pain in ears	☐ Breast disc	harge	
☐ Nasal conges	tion	☐ Diar	rhea	☐ Nose bleeds	☐ Other (plea	ase describe below)	
☐ Irregular hea	rtbeat	☐ Con	stipation	☐ Hoarseness			
☐ Fast heartbea	at	☐ Pain	ful urination	☐ Easy bleeding	y bleeding		
☐ High blood pr	ressure	□ Bloc	od in urine	☐ Easy bruising			
☐ Low blood pr	essure	☐ Urin	e frequency	□ Rash			
☐ Lightheadedr	ness	☐ Deci	rease in urine flow	☐ Changes in mole	Females - Please complete		
☐ Dizziness/fair	nting	☐ Urin	e leakage	☐ Sore that won't heal	Menstrual flo	ow:	
☐ Abdominal pa	ain	☐ Hea	dache	☐ Fatigue/lethargy	□ Reg. □ Ir	reg. □ Pain/cramps	
☐ Heartburn		□ Wea	akness	□ Insomnia	Days of flow	Length of cycle	
□ Indigestion		☐ Loss	of strength	□ Forgetfulness	1st day of las	st period	
☐ Ankle swellin	g	☐ Bala	nce problems	☐ Depression	☐ Pain or bleeding after sex		
□ Nausea			Pain, weakness, o	or numbness in	Number of pregnancies		
☐ Vomiting		☐ Arm	s □ Hips	□ Back	Miscarriages		
☐ Vomiting bloc	od	☐ Legs	□ Neck	Shoulders	Birth control method		
☐ Change in bo	wel habits	☐ Han	ds ☐ Feet	Knees			
				ly History			
Relationship	Living Y/N	Age	Major Medical Proble	ms and/or Cause of Death			
Father							
Mother							
Siblings							
Children							
		Specifi		elatives had the following co			
Condition Relative			Condition Relative				
☐ Mental illness			☐ Chemical depend	ency			
			A.1				
				lergies:			
	Please list any allergies to medications or foods						

		Medica	tions:			
Please list any medications that you		_	r the counter me	dications, herbs, and	d supplements.	
	merat	ac dosc ai	id irequeitey			
	Но	alth Mair	ntenance:			
Please check whether you have h				and enter the year o	of the service	
Immunizations	ida tric ro	Year	Tests	and enter the year e	or the service	Year
Tetanus vaccine / Tdap	□ No	Tear	Pap smear/p	elvic \square	Yes □ No	Tear
Pneumonia vaccine Yes	□ No		Mammogran		Yes □ No	
Influenza vaccine	□ No		Bone dexa		Yes □ No	
Shingles vaccine	□ No		Colonoscopy		Yes 🗆 No	
			Prostate test		Yes □ No	
	Sp	ecialty P	roviders:			
In order that we can best coordinate your ca	•	•	•	you see outside of t	his practice an	d list the
	year t	that you la	ast saw them			
☐ Eye doctor			☐ Nephrologist			
☐ Cardiologist			☐ Psychiatrist			
□ Oncologist			□ Allergist			
☐ Urologist / Gynecologist			□ Vascular	.		
☐ Gastroenterologist			☐ Pulmonologis	τ		
☐ Endocrinologist			☐ Other			
	Н	lealth Be	haviors:			
Tobacco use: ☐ Never ☐ Quit (when)			Current smoker			
If current smoker how many pack						
Alcohol intake: No Yes	•		drinks/how often			
Illicit drug use (including marijuana, cocaine If past or current drug use descril): ⊔ N	ever	t 🗆 Current		
Exposure to secondhand smoke	□ Yes	□No	Wear a seatbelt	-	□ Yes	□ No
Eat a diet high in fruits and vegetables	☐ Yes	□ No		least once a year	☐ Yes	
Get 30 minutes of exercise 5 times a week	☐ Yes		Wear sunscreen	•	□ Yes	
	Adv	ance Car	e Planning:			
Do currently have, or would you like inform	ation on,	any of the				
Living Will:			☐ Have	☐ Don't Have	□ Want Info	
Durable Power of Attorney:			□ Have	☐ Don't Have	□ Want Info	
DNR Order: Other:			☐ Have☐ Have☐	☐ Don't Have☐ Don't Have	☐ Want Info	

Urinary Incontinence Assessment							
Do you experience urinary leaking in the following situations?							
	Not at all	A little	Sometimes	A lot			
During daily activities (work, household task)							
During physical activities (walking, swimming, or other exercise)							
During recreational activities (movies, hobbies)							
During social activities (going out with friends, family visits)							
During car trips							
Fall Risk Scre	eening						
In the last 12 months have you fallen?			No 🗆 Unsur				
If yes, how many times?							
Were you injured as a result of this fall?		Yes ⊔	No 🗆 Unsur	e			
Functional Acc							
Functional Ass	sessment						
Do you need assistance in the following areas?							
,							
	Not at all	A little	Sometimes	A lot			
Bathing, dressing and grooming							
Daily activities (cooking, cleaning other household tasks)							
Walking or driving							
Communicating needs and feelings							
Understanding directions							
Keeping appointments, taking medications and performing							
other medical treatments							
Mood Scre	ening						
A person's mood can have a strong influence on their health stat							
Over the past 2 weeks, how often have you been bothered by an							
Little interest or pleasure in doing things	Feeling down, depressed, or hopeless						
☐ Not at all	☐ Not at all						
☐ Several days	☐ Several days						
☐ More than half the days	☐ More than half the days						
☐ Nearly every day	☐ Nearly every day						
Health Literacy Q	uestionnaire						
Many times in healthcare staff and providers use words that are		e general no	opulation. Please	e rate the			
following questions on a scale of 1 to 10; 1 being strongly disagre			•				
I feel that I have a thorough understanding of the instructions							
that my doctors and nurses give me about my health	1 2 3 4	5 6 7 8	9 10				
I feel that I remember the instructions given to me at my							
doctor's office when I get home	1 2 3 4	5 6 7 8	9 10				
I feel that I have a strong understanding of medical language	1 2 3 4	5 6 7 8	9 10				
atient Signature:	D-	ate:					
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