



**PATIENT INFORMATION SHEET**

Location \_\_\_\_\_

Account # \_\_\_\_\_ Name of Employer: \_\_\_\_\_  
 First Name: \_\_\_\_\_ Middle Initial \_\_\_\_\_ Last Name: \_\_\_\_\_  
 Mailing Address: \_\_\_\_\_ Apt./Suite \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Home Phone: \_\_\_\_\_ Work Number: \_\_\_\_\_ Cell Phone Number: \_\_\_\_\_  
 Email Address: \_\_\_\_\_ Sex: \_\_\_\_\_ Marital Status: \_\_\_\_\_  
 Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ SSN: \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_\_  
 Ethnicity: (check one) Hispanic or Latino \_\_\_\_\_ Not Hispanic or Latino \_\_\_\_\_ Declines to Respond \_\_\_\_\_ Race:  
 (check one) American Indian / Alaskan Native \_\_\_\_\_ Asian \_\_\_\_\_ Black/African American \_\_\_\_\_  
 Native Hawaiian \_\_\_\_\_ Other Pacific Islander \_\_\_\_\_ White \_\_\_\_\_ More than 1 Race \_\_\_\_\_ Declines to Respond \_\_\_\_\_  
 Primary Care Provider \_\_\_\_\_  
 Preferred Language: \_\_\_\_\_ Preferred Med First Provider \_\_\_\_\_  
 How Did Your Hear About Us?  Word of Mouth -  Billboard -  Television Commercial -  Google Search  
 Referral -  At An Event -  Website -  Direct Mail -  Print Ad -  Drove By Office -  Other \_\_\_\_\_

**You may need to fill out additional information**

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_  
 If Patient is a minor:  
 Guarantor Name: \_\_\_\_\_ Address: \_\_\_\_\_  
 City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_  
 Phone: \_\_\_\_\_ Name of Employer: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Do you authorize Med First to obtain the last 13 months of your medication history from your insurance carrier and or pharmacy?

Yes  No

**\*\*To Process your Insurance Claim, you must complete this section\*\***

Health Insurance Information:  
 Name of Insurance: \_\_\_\_\_  
 Policy Number: \_\_\_\_\_ Group Number: \_\_\_\_\_  
 Policy Holder / Sponsor Name: \_\_\_\_\_  
 Policy Holder / Sponsor Date of Birth: \_\_\_\_ / \_\_\_\_ / \_\_\_\_\_ Policy Holder Employer: \_\_\_\_\_  
 Policy Holder / Sponsor Social Security: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
 Policy Holder / Sponsor relationship to patient: \_\_\_\_\_  
 Do you have your insurance cards today? Yes / No

**Assignment of Benefits:** I hereby authorize Med First to examine me, including x-ray and procedures deemed appropriate by the treating provider if indicated by my exam, and to release my records to anyone I designate. I further authorize treatments deemed necessary by the findings, and wish all my medical records to be held in strict secret confidence and not to be given to anyone without my written consent. I acknowledge that I am legally responsible for all charges in connection with the medical care and treatment provided by Med First Immediate Care. I understand my insurance carrier may not approve or reimburse my medical services in full due to usual and customary rates, benefit exclusions, coverage limits, lack of authorization, or medical necessity. I understand I am responsible for fees not paid in full, co-payments, and policy deductibles and co-insurance except where my liability is limited by contract or State or Federal Law.

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
 Patient / Representative Signature Date



**FAMILY PRACTICE HEALTH HISTORY QUESTIONNAIRE**

Location \_\_\_\_\_

Your answers on this form will help your health care provider better understand your medical concerns and conditions. If you are uncomfortable with any questions, do not answer it. If you cannot remember specific details, please approximate. Add any notes you think are important. ALL QUESTIONS CONTAINED IN THE QUESTIONNAIRE ARE OPTIONAL AND WILL BE KEPT STRICTLY CONFIDENTIAL.

**Patient Name:** \_\_\_\_\_ **Date of birth:** \_\_\_\_\_

**Reason for today's visit:** \_\_\_\_\_

**Primary care physician:** \_\_\_\_\_ **Preferred pharmacy:** \_\_\_\_\_

**ALLERGIES**

Please list anything you are allergic to (medication, food, bee stings, etc.) and how each affects you.

Allergy	Reaction
1.	
2.	
3.	

**MEDICATIONS**

Please list all the medications you are taking, include prescribed drugs and over-the-counter drugs, such as vitamins and inhalers.

Drug name	Strength	Frequency Taken
1.		
2.		
3.		
4.		
5.		
6.		
7.		

**FAMILY HEALTH HISTORY (Check all that apply, please specify type of cancers)**

	Maternal Grandmother	Maternal Grandfather	Paternal Grandmother	Paternal Grandfather	Father	Mother	Brother	Sister
Heart disease								
Cancer Type? ⇄								
Diabetes								
Stroke								
Hypertension								
Depression								
Osteoporosis								
Other (please specify)								

**IMMUNIZATION HISTORY (provide records if available)**

- Pneumonia      Date: \_\_\_\_\_
- Flu      Date: \_\_\_\_\_
- Zostavax (shingles)      Date: \_\_\_\_\_
- Tetanus      Date: \_\_\_\_\_

Are you up to date on all of your childhood immunizations? **YES/NO** If not, please explain: \_\_\_\_\_

## SOCIAL HISTORY

Current Occupation: \_\_\_\_\_

Education:  less than 8<sup>th</sup> grade  high school  
 1 year college  2 year college  post grad

Do you use tobacco? YES/NO

If not currently, did you ever use tobacco? YES/NO

Cigarettes \_\_\_\_\_ pks/day  
 Chew \_\_\_\_\_/day  
 Cigars \_\_\_\_\_/day  
 # of year's \_\_\_\_\_ or year quit \_\_\_\_\_

Marital status:  married  single  divorced  separated  widowed

Do you have advanced directives? (living will)

Exercise level:  none  occasional  moderate  heavy

Diet:  regular  vegetarian  vegan  gluten free  diabetic

Caffeine:  none  occasional  moderate  heavy

Alcohol:  none  1-3x a week  3-7x a week  heavy

Stress level:  low  medium  high

Drugs: Do you currently use recreational or street drugs?

If yes, please specify \_\_\_\_\_

## PAST SURGICAL HISTORY

	Reason	Year	Hospital
1.			
2.			
3.			
4.			

## OBSTETRIC AND GYNECOLOGICAL HISTORY

Age of first menstrual period: \_\_\_\_\_

Age at first child: \_\_\_\_\_

Date of last menstrual period or age of menopause: \_\_\_\_\_

Date of last pap smear: \_\_\_\_\_

Date of last mammogram: \_\_\_\_\_

Number of pregnancies: \_\_\_\_\_ births \_\_\_\_\_ miscarriages \_\_\_\_\_ abortions \_\_\_\_\_

Cesarean sections? \_\_\_\_\_ If yes, how many? \_\_\_\_\_

Check all that apply:

- Bleeding between periods
- Heavy periods
- Vaginal itching, burning or discharge
- Wake in the night to go to the bathroom
- Breast lump or nipple discharge
- Hot flashes
- Extreme menstrual pain
- Painful intercourse

## SEXUAL ACTIVITY

Are you sexually active?

Current sexual partner is: FE  LE  E

Do you use condoms?

Interested in being screened for STD's?

Are you currently using birth control?   If yes, please specify type \_\_\_\_\_

## PAST MEDICAL HISTORY (Check all that apply)

- |   |   |  |
|---|---|--|
| <input type="checkbox"/> ADD or ADHD              | <input type="checkbox"/> Developmental or behavioral disorders  | <input type="checkbox"/> Hospital admission (other than birth) |
| <input type="checkbox"/> Allergies                | <input type="checkbox"/> Diabetes – Insulin                     | <input type="checkbox"/> High blood pressure                   |
| <input type="checkbox"/> Anemia                   | <input type="checkbox"/> Diabetes - non-insulin                 | <input type="checkbox"/> Hyperthyroidism                       |
| <input type="checkbox"/> Anxiety disorder         | <input type="checkbox"/> Dialysis                               | <input type="checkbox"/> Hypogonadism                          |
| <input type="checkbox"/> Arthritis                | <input type="checkbox"/> Diverticulitis                         | <input type="checkbox"/> Hypothyroidism                        |
| <input type="checkbox"/> Asthma                   | <input type="checkbox"/> Ear or hearing problems                | <input type="checkbox"/> Kidney disease                        |
| <input type="checkbox"/> Bedwetting               | <input type="checkbox"/> Eczema, hives or other skin conditions | <input type="checkbox"/> Kidney stones                         |
| <input type="checkbox"/> Bleeding disorder        | <input type="checkbox"/> Erectile dysfunction                   | <input type="checkbox"/> Leg/foot ulcers                       |
| <input type="checkbox"/> Blood clots or DVT       | <input type="checkbox"/> Fibromyalgia                           | <input type="checkbox"/> Liver disease                         |
| <input type="checkbox"/> Blood diseases           | <input type="checkbox"/> GERD/reflux                            | <input type="checkbox"/> Muscle, joint or bone                 |
| <input type="checkbox"/> COPD                     | <input type="checkbox"/> Gout                                   | <input type="checkbox"/> Osteoporosis                          |
| <input type="checkbox"/> Problems                 | <input type="checkbox"/> Pacemaker                              | <input type="checkbox"/> Pulmonary embolism                    |
| <input type="checkbox"/> Cancer Type?             | <input type="checkbox"/> Heart attack                           | <input type="checkbox"/> Seizures/Epilepsy                     |
| <input type="checkbox"/> Chicken pox              | <input type="checkbox"/> Heart disease                          | <input type="checkbox"/> Stroke                                |
| <input type="checkbox"/> Congenital abnormalities | <input type="checkbox"/> Heart problems                         | <input type="checkbox"/> Tuberculosis                          |
| <input type="checkbox"/> Constipation             | <input type="checkbox"/> Hiatal hernia or reflux disease        | <input type="checkbox"/> Vision or eye problems                |
| <input type="checkbox"/> Coronary Artery Disease  | <input type="checkbox"/> High cholesterol                       |  |
| <input type="checkbox"/> Depression               |   |  |



Location \_\_\_\_\_

Name: \_\_\_\_\_ D.O.B.: \_\_\_\_\_ Date: \_\_\_\_\_

Reason for Visit:

\_\_\_\_\_

\_\_\_\_\_

**REVIEW OF SYSTEMS**

Please check all that apply:

**Allergic/Immunologic**

- Frequent Sneezing
- Hives
- Itching
- Runny Nose
- Sinus Pressure

**Cardiovascular**

- Arm Pain on Exertion
- Chest Pain on Exertion
- Chest Heaviness/Pressure on Exertion
- Irregular Heart Beats
- Palpitations
- Known Heart Murmur
- Light-headed on Standing
- Shortness of Breath When Lying Down
- Shortness of Breath When Walking
- Swelling (edema)

**Constitutional**

- Exercise Intolerance
- Fatigue
- Fever
- Weight Gain (\_\_\_ lbs)
- Weight Loss (\_\_\_ lbs)

**Eyes**

- Dry Eyes
- Irritation
- Vision Change

Date of Last Exam: \_\_\_\_\_

**Ears/Nose/Mouth/Throat**

- Bleeding Gums
- Difficulty Hearing
- Dizziness
- Dry Mouth
- Ear Pain
- Frequent Infections
- Frequent Nosebleeds
- Hoarseness
- Mouth Breathing
- Mouth Ulcers
- Nose/Sinus Problems
- Ringing in Ears

**Endocrine**

- Fatigue
- Increased Thirst/Hunger/Urination

**Gastrointestinal**

- Abdominal Pain
- Black or Tarry Stool
- Blood in Stool
- Change in Appetite
- Frequent Indigestion
- Hemorrhoids
- Trouble Swallowing
- Vomiting
- Vomiting Blood

**Genitourinary**

- Blood in Urine
- Difficulty Urinating
- Incomplete Emptying
- Increased Urinary Frequency
- Urinary Loss of Control

**Hematologic/Lymphatic**

- Easy Bruising/Bleeding
- Swollen Glands

**Integumentary (Skin)**

- Changes in Moles
- Dry Skin
- Eczema
- Growth/Lesions
- Itching
- Jaundice (Yellow Skin/Eyes)
- Rash

**Musculoskeletal**

- Back Pain
- Joint Pain
- Muscle Aches
- Muscle Weakness

**Neurological**

- Dizziness
- Fainting
- Headaches
- Memory Loss
- Migraines
- Numbness
- Restless Legs
- Seizures
- Weakness

**Psychiatric**

- Alcohol Overuse
- Anxiety/Stress
- Depression
- Do Not Feel Safe in Relationship
- Mania
- Sleep Problems

**Respiratory**

- Cough
- Coughing Up Blood
- Shortness of Breath
- Sleep Apnea
- Snoring
- Wheezing

Please add any other information about your health that you would like your provider to know here:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Parent, Guardian, or Caregiver Signature

Date



Location \_\_\_\_\_

**PROMISSORY NOTE**

Name \_\_\_\_\_

*Please choose your payment source*

***Private Pay:***

I, \_\_\_\_\_ am acknowledging that I am a self paying patient seeking medical attention, I agree to pay my visit in full at the time of service and pay my remaining balance in full within 30 days or before my next scheduled appointment.

***Insurance:***

I, \_\_\_\_\_ acknowledge that my claim will be sent to my insurance carrier for reimbursement, I will be responsible for the remaining balance (if any) in accordance with my insurance plan. Such payments will be paid within 30 days of receipt of my statement.

***Workman's Compensation:***

I, \_\_\_\_\_ acknowledge that a claim will be filed with my workmans compensation carrier. If my claim is denied, I will be responsible for the charges n the account. Such payments will be paid within 30 days of receipt of statement. It is my responsibility to supply MFIC with the information needed to process any and all claims.

***Personal Injury:***

I, \_\_\_\_\_ acknowledge that a claim will be filed with my attorney, private insurance and/or claim adjustor. I will be responsible for all claims if payment is not received from the sources listed. Such payments will be paid within 30 days of receipt of statement. It is my responsibility to supply MFIC with the information needed to process any and all claims.

Signature of responsible party \_\_\_\_\_

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_



Location \_\_\_\_\_

**AUTHORIZATION TO RELEASE PROTECTED HEALTH INFORMATION**

I. Patient's Name \_\_\_\_\_ DOB \_\_\_\_\_

Phone Number \_\_\_\_\_

**If you want to allow others access to your personal health information please complete section II – IV otherwise proceed to section V**

II. Please check one and provide the requested information:

\_\_\_\_\_ I hereby authorize the Med First Immediate Care & Family Practice and any of its Medical Providers to disclose my Protected Health Information to the following organization(s) and/or person(s):

Name: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Address: \_\_\_\_\_

III. I authorize the following information to be disclosed:

CHECK ONE	DATE(S)	
_____	_____	Complete Medical Record, including records from other providers and immunizations
_____	_____	Complete Medical Record while at Med First, not including records from other providers
_____	_____	GYN (Pap, Pelvic, Lab)
_____	_____	Lab
_____	_____	X-ray
_____	_____	Other or Relating to Particular Problem _____

IV. Purpose of the Requested Disclosure: Please check one and provide the requested information.

\_\_\_\_\_ At the request of the patient. \_\_\_\_\_ (Patient's initials) \_\_\_\_\_

Other \_\_\_\_\_  
(State specific purpose of requested disclosure)

V. I understand that I have a right to revoke this authorization at any time. My revocation must be in writing in a letter provided to the Practice Manager or other health care provider identified in Section II above, as applicable. I am aware that my revocation is not effective to the extent that the persons I have authorized to use and/or disclose my Protected Health Information have acted in reliance upon this authorization. I understand that I do not have to sign this authorization and that Med First Immediate Care & Family Practice may not condition treatment, payment, enrollment or eligibility for benefits on whether I sign this authorization. I further understand that if the persons(s) or organization(s) authorized to receive the information is not a health plan or health care provider, the released information may be re-disclosed and would no longer be protected by federal privacy regulations. I understand that the information provided under this authorization may include Protected Health information which could contain diagnosis and treatment information including information pertaining to chronic and/or communicable diseases including but not limited to: alcohol or drug abuse; psychiatric or mental conditions; HIV or sexually transmitted disease; genetic disorders; and/or Sickle Cell.

Your provider and members of the practice staff may need to use your name, address, phone number, and you clinical records to contact you with appointment reminders, information about treatment alternatives, or other health related information that may be of interest to you. If this contract is made by phone and your not home, a message will be left on your answering machine. By signing this form, you are giving us authorization to contact you with these reminders and information.

I agree that a copy of this release or fax of this release shall be as valid as this original release. If I authorize Med First Immediate Care & Family Practice to fax the information, I realize there are inherent risks in faxing Protected Health Information.

This authorization expires upon \_\_\_\_\_

\_\_\_\_\_  
Signature of Patient or Patient's Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Printed Name of Patient's Representative

\_\_\_\_\_  
Relationship to patient

**Med First Immediate Care and Family Practice, PA**

**NOTICE OF PRIVACY PRACTICE AND PATIENT CONSENT  
FOR USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION**

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**PATIENT NAME**

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**DATE**

**I understand** that under Health Insurance Portability and Accountability Act of 1996 (HIPAA), I have certain Patient Rights regarding my protected health information.

**I understand** that Med First Immediate Care and Family Practice, PA may use or disclose my protected health information for treatment, payment or health care operations-which means for providing health care to me, the patient; handling billing and payment; and, taking care of other health care operations. Unless required by law, there will be no other uses and disclosures of this information without my authorization.

Med First Immediate Care and Family Practice, PA has a detailed document called the ***'Notice of Privacy Practices'***. It contains a more complete description of your rights to privacy and how we may use and disclose protected health information.

**I understand** that I have the right to read the *'Notice'* before signing this agreement. If I ask, Med First Immediate Care and Family Practice, PA will provide me with the most current *Notice of Privacy Practices*.

**My signature** below indicates that I have been given the chance to review such copy of the *Notice of Privacy Practices*. My signature means that I agree to allow Med First Immediate Care and Family Practice, PA to use and disclose my protected health information to carry out treatment, payment, and health care operations. I have the right to revoke this consent in writing at any time, except to the extent that Med First Immediate Care and Family Practice, PA has taken action relying on this consent.

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**SIGNATURE** (Patient or Legal Custodian/Authorized Representative)

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**DATE**

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**Relationship to Patient** if signed by another party

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**DATE**

You may obtain a copy of our *Notice of Privacy Practices*, including any revisions of our *'Notice'* at any time by contacting:

Med First Immediate Care and Family Practice, PA  
308 Dolphin Drive  
Jacksonville, NC 28546  
or call (910) 346-2273